

February

2010

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|------------|--|-------------------------------|-------------------------------|-------------------------------|-------------------------------|---|
| | 1 Regular Practice | 2 Regular Practice | 3 Regular Practice | 4 Regular Practice | 5 Regular Practice | 6 Regular Practice |
| 7 | 8 Regular Practice | 9 Regular Practice | 10 Regular Practice | 11 Regular Practice | 12 Regular Practice | 13 Regular Practice |
| 14 | 15 Practice at Oahu Club, 7-9am | 16 Regular Practice | 17 Regular Practice | 18 Regular Practice | 19 Regular Practice | 20 Regular Practice A+ Meet at VMAC |
| 21 | 22 Regular Practice | 23 Regular Practice | 24 Regular Practice | 25 Regular Practice | 26 Regular Practice | 27 Practice at Oahu Club, 7-9am |
| 28 | | | | | | |

HHSAA Champs in Hilo

| PRACTICE SCHEDULE | |
|--------------------------|--------------|
| Menehune/Honu (M-Th) | 3:00-4:00 pm |
| Naia (M-Th) | 3:00-4:30 pm |
| (Sat) | 7:30-9:00 am |
| Mano (M-F) | 4:00-6:00 pm |
| National (M-F) | 4:00-6:00 pm |
| Mano/National (Sat) | 7:30-9:30 am |
| National Morning (M-W-F) | 6:00-7:30 am |

Schedule is subject to change